

## Outdoor Education

In Outdoor Education students will challenge themselves mentally, physically, socially and emotionally. Students will gain valuable knowledge, skills and attitudes to appreciate the beautiful and diverse natural environments found in British Columbia's backcountry. They will learn about and practice a variety of outdoor skills including trip planning, principles of "no trace", food preparation, wilderness safety, hiking, wilderness camping, snowshoeing, skiing/snowboarding, kayaking/canoeing, wilderness navigation, paddle boarding and much more.

It is intended that students will make connections between concepts in Environmental Science and their own wilderness experiences. We will learn and practice sustainable low impact pursuits so as to preserve the natural environment for future generations to enjoy. Students will also connect to nature and learn to appreciate the natural environment and all it has to offer. Learning in Outdoor Education goes "beyond the classroom". Students will utilize the great outdoors as a classroom and incorporate many skills to live an active and healthy lifestyle.

In Outdoor Education students will gain credits for Physical Education (Outdoor Education 11- 4 credits) as well as Photography (4 credits). Participation in the course is mandatory and all excursions are outside of the timetable. All activities will take place evenings and weekends. Students will also have an opportunity to gain valuable Work Experience (4 credits) through this course. Work Experience placements can include working in the forest industry, fishing industry, conservation, local retail businesses, school events and various organizations determined to preserve the natural environment. Students participating in Outdoor Education can potentially earn 12 credits toward graduation.

The course fee is dependent upon activities each year. Fees are adjusted at the start of each year.

"Connect to Nature, Transform your Life"



“LOOK DEEP INTO  
NATURE, AND THEN  
YOU WILL UNDERSTAND  
EVERYTHING BETTER.”  
-ALBERT EINSTEIN