



**BRITISH  
COLUMBIA**

# ***CHILD AND YOUTH MENTAL HEALTH***

## **\*IMPORTANT NOTICE ABOUT OUR INTAKE SERVICES\***

**As the containment of COVID 19 is of high priority in our community, Child and Youth Mental Health is taking measures to ensure we can offer our services safely.**

**\*Intake services will be completed over the phone until further notice\***

**To reach Chilliwack CYMH Intake, please call 236-436-2096 in order to provide your contact details and be connected with a CYMH Clinician.**

**Please be aware that the Neighbourhood Learning Centre intake site has been temporarily closed but will re-open when normal operations resume.**

## **Crisis or Afterhours Services**

**If you are in crisis, (experiencing suicidal ideation, psychosis, risk to self or others)**

**Call START at: 1-844-782-7811 (Mental Health Crisis)**

**Kids Help Phone 1-800-668-6868**

**Fraser Health Crisis Line 1-877-820-7444**

**Suicide Prevention Line 604-584-5811**

**For immediate help call 911 or go to your local Hospital**