



December 10, 2020

Dear G.W. Graham Secondary Families,

Re: Early Exposure Notification - Confirmed Novel Coronavirus (COVID-19) Case

Effective December 6, 2020, Fraser Health has changed its communication protocols to ensure greater clarity when someone in the school community has tested positive for COVID-19. As a result, we are issuing a letter to our G.W. Graham Secondary School community to provide early notification that an individual with a confirmed COVID-19 case attended G.W. Graham Secondary on December 3, and 4, 2020, and that **your child was not in the same class as the person with COVID-19.**

This letter provides some context to the Fraser Health Authority's attached important information, clarifying just what has happened and how it impacts you and your family. It is key that you read this information and the attached letter, so you understand our processes. Receiving this letter does not mean you have been directly exposed to COVID-19.

First and foremost, Chilliwack School District is committed to transparency. When the Health Authorities have informed us that a positive case has been identified in our school, you will be notified. This letter is part of that notification.

Fraser Health Authority has initiated contact tracing to identify any individuals who need to self-isolate or self-monitor for symptoms. If you do not receive a phone call or letter, please continue attending school and monitoring for symptoms compatible with COVID-19 as per our District Health and Safety protocols. Students and staff must stay home even if they have the mildest symptoms.

The safety and well-being of our students, families, and staff remain our highest priority. Please be reassured that our school district will continue to implement the strict health and safety protocols we have in place so that our children and staff can continue to attend school as safely as possible.

For privacy reasons, we cannot give out any further details. If you have any health questions or concerns, please contact 8-1-1.

Sincerely,

Rohan Arul-pragasam
Interim School Superintendent

December 10, 2020

Dear Parent,

We are writing to let you know that someone with COVID-19 was at your child's school. We also want to let you know the steps Public Health is taking to protect the school community.

If you are reading this letter, your child was not in the same class as the person with COVID-19. The person involved has been isolated. Because of this, there is no chance of direct exposure at this time.

The person with COVID-19 was at your child's school, **GW Graham Secondary** (45955 Thomas Rd, Chilliwack, B.C.)

December 3 & 4, 2020

The actions the Public Health team is taking are:

- We work to trace the person's contacts to find out how the person got infected and who they were in close contact with.
- We investigate the exposure at the school so we can quickly find out if any staff or students need to isolate (self-isolate) or monitor for signs of COVID-19 (self-monitor).
- We phone or send letters to the staff and students who were in close contact with the person and need to **self-isolate**.
- We might send letters to some staff and students and ask them to **self-monitor** for symptoms of COVID-19.

This letter does not mean Public Health will be contacting you. Public Health will only contact you if you or your child was directly exposed to COVID-19.

We ask you to:

- Please continue to send your child to school.
- Continue to monitor your child for signs of COVID-19 each day using the Daily Health Check supplied by your school.

For privacy reasons, we cannot give any specific details about the exposure except for what is in this letter.

Sincerely,

Fraser Health Population and Public Health
COVID-19 School Hub Call Centre
604-587-4769

How is COVID-19 transmitted?

This virus is spread by liquid droplets in the air. These droplets get into the air when an infected person coughs, sneezes, talks, or sings. Droplets can come from their nose, mouth or throat. These droplets can land on you if you are close by. The virus can also spread by touch. If droplets are left on objects and surfaces, you could become infected by touching these objects or surfaces. The virus enters the through the eyes, nose, or throat.

What if you or your child gets sick?

If you or your child have symptoms of COVID-19, *even mild ones*:

- Isolate that person from others at home right away.
- Get assessed using the BC Self-Assessment Tool.
- Get tested for COVID-19 as soon as possible.

If you are not sure if you should be tested, here are your options:

- Call 8-1-1.
- Contact your family doctor.
- Call the Fraser Health Virtual Care Team.
1-800-314-0999 (10:00 a.m. to 10:00 p.m. daily)
- Follow the directions given to you by the testing location on how long to self-isolate.

The BC Self-Assessment Tool

Find it online at bc.thrive.health or scan this QR code.



How to self-isolate

Visit the BC Centre for Disease Control website or scan this QR code.

bccdc.ca/Health-Info-Site/Documents/Self-isolation.pdf



Where to get tested

To find the nearest testing location, go to fraserhealth.ca/COVID19testing or scan this QR code



Where can you learn more?

- To speak with someone in your language, call HealthLinkBC at 8-1-1 with any questions or concerns. When you call, say your language in English three times, then wait until an interpreter comes on the phone.
- To learn more about COVID-19:
 - Go to the BC Centre for Disease Control website at bccdc.ca. Select 'COVID-19 for the public' or scan this QR code.
 - Go to our web pages on COVID-19 (fraserhealth.ca/covid19) for added resources and answers to frequently asked questions or scan this QR code:



A "QR code" (short for 'Quick Response' code) is a type of barcode you can scan with your smart device's camera. Once scanned, it takes you to that web page.