

# Jane Doe

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## Education

2022 – 2024 GW Graham Secondary School

## Academic Achievements: GPA 4.0 – 95%

### September 2025 – June 2026

#### Grade 12 – Course Marks

- Law Studies 12: 95%
- Pre-Calculus 12: 87%
- AP Chemistry 12 -
- AP Statistics 12 (Full year) –
- Anatomy and Physiology -
- English Studies 12 (Full year) -
- Strength and Conditioning 12 -
- Guided Learning 12 –
- Academic Enhancement/Scholarships/English –
- Career Life Connections -

### September 2024 – June 2025

#### Grade 11 – Course Marks

- Chemistry 11 Honours: 94%
- EPP Literary Studies and Writing 11: 98%
- Life Science 11 Honours: 90%
- Academic Enhancement 11: 100%
- Physics 11: 92%
- French 3: 96%
- Pre-Calculus 11: 90%
- Sports Medicine 11: 93%
- Outdoor Education 11: 98%

## **September 2023 – June 2024**

### **Grade 10 – Course Marks**

- Career Education 10: 99%
- Foundations of Math and Pre-Calculus: 91%
- French 2: 93%
- Literary Studies 10: 91%
- PHE Soccer 10: 100%
- Science 10: 95%
- Socials Studies 10: 97%
- Academic Enhancement 10: 100%

### **Academic Awards Grade 12:**

- Letter of excellence in Law Studies 12

### **Academic Awards for Grade 11:**

- Letter of Excellence in Chemistry 11 Honours
- Letter of Excellence in EPP Literary Studies 11
- Letter of Excellence in French 3
- Letter of Excellence in Sports Medicine 11
- Letter of Excellence in Outdoor Education 11
- A Honours Award
- Citizenship Awards

### **Academic awards for Grade 10:**

- Letter of Excellence in Career Education 10
- Letter of Excellence in PHE Soccer 10
- Letter of Excellence in Science 10
- Letter of Excellence in Socials Studies 10
- A Honours award
- Citizenship award

**High school involvement:**

## **Grade 11:**

- Senior Girls Volleyball Team (150 Hours) – Player

Achievements: Silver in Silver Division at SoCal Invitational

- Senior Girls Soccer (100 Hours) – Player

Achievements: Eastern Valley Champions Senior Girls Soccer 2024/2025,

Silver at BC Highschool Provincials Senior Girls Soccer 2024/2025

- Tripple ball Referee (20 Hours):

My Role and Responsibilities:

- Communicated with teams, coaches and technical directors
- Ensured tournament was organized

## **Grade 10:**

- Junior Girls Volleyball team (150 Hours) - Player

Achievements: Silver at Trinity Western JV Volleyball tournament, Gold at Best of the West JV Volleyball tournament, Gold at The Bear Paw Classic JV Volleyball tournament, Gold at WJ Mouat JV Volleyball Tournament, Junior Girls Volleyball Eastern Valley Champions 2023/2024

- Track and Field Team (80 Hours) - Member of 4x400m Relay

Achievements: Gold medal in 4x400m Relay at BC Highschool Provincials

- Junior and Senior Girls Soccer Team (80 Hours) – Player

Achievements: Eastern Valley Champions Junior Girls Soccer 2023/2024, 6<sup>th</sup> at BC Highschool Provincials 2023/2024

- Outdoor Education (Outside of Timetable, 60 Hours)

## **Community Involvement:**

- Coastal FC 2008 BC SPL Girls (2024 – Present)
- First aid Volunteer for Chilliwack Giants (20 Hours):
- Taped wrists, ankles, fingers

- Provided immediate first aid, following ABC's and PQRST values
- Communicated with First Aid attendants
- Vedder Mountain Bike Co. (50 Hours):
- Organizing and restocking inventory
- Helping customers by providing information on products and allowing them test products
- Ringing people through at the till
- Big Brothers Big Sisters

## University Goals/career goals

After graduating from GW Graham, I plan to attend a University in British Columbia to complete an undergraduate in Science or Kinesiology. While furthering my education I want to continue my soccer career and bring it to the USPORT level. I am actively speaking with coaches and looking to be recruited. I believe doing my undergraduate in B.C. will prepare me and give valuable connections and many opportunities for hands on experience. After I complete my undergraduate, I plan to go to medical school and am interested in doing it abroad. Going abroad is a lifelong dream and being able to fulfill that whilst pursuing a career that makes a meaningful impact on people's life would be a dream come true.

## Hobbies & Interests

Skiing, reading, mountain biking, running, traveling, coaching

## Work Experience:

### **Cultus Lake Adventure Park (2024)**

- Making Hot food, drinks, and opening/closing food buildings
- Helping Customers, directing them, taking orders, and ringing them through at the till, finding ways to accommodate food allergies or sensitivities

### **Cultus Lake Waterslides (2025-Present)**

- Making Hot food, hot and cold drinks

- Help with customer service, doing my best to accommodate allergies, give directions
- Ensure machines and food prep are clean and working
- Critical thinking
- Clean/prepare food and close food buildings

#### **Strength and Conditioning Coach at The Training Shed Fraser Valley (2024-Present)**

- Creative thinking when create workout plans that safe for children of many ages to do
- Teach younger kids form and ensure positive affiliations in a gym environment
- Coach groups of up to 20 with ages ranging from 6-15 years old

#### **Savary Island General Store (2024)**

- Stock shelves
- Prep Produce
- Prepare baking

#### **Elections Canada 2025 Information Officer (15 Hours):**

- Helped people find there voting station
- Organized, helped with setup/takedown
- Assisted in counting ballots
- Supporting inclusive practices with those with mobility and speech differences